

## Please sponsor me!

**Name:** .....

**is going to** .....

.....

**for British Gymnastics Foundation**

**£5** Could provide an exciting exercise programme for three people living with dementia

**£10** Could provide a disabled child with the chance to take part in a thrilling gymnastics festival

**£25** Could enable one person living in a deprived area to participate in their first coaching course

**Help your money go even further**

If you pay UK tax\* and tick the Gift Aid box the Government will give us 25% on top of your donation. It won't cost you a penny. **Please give your full name and home address and tick below or we can't claim Gift Aid**


Full name	Home address	Postcode		Total amount	Date money collected
Joe Bloggs	House No, Street, Town	Postcode	<input checked="" type="checkbox"/>	£x	ddmmyy
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\* You will need to have paid UK Income and/or Capital Gains Tax this year at least equal to the 25% that BGF, and any other charities or Community Amateur Sports Clubs (CASCs), will claim on your donations. Council Tax and VAT do not count for Gift Aid purposes.

Go to [britishgymnasticsfoundation.org/fundraising](http://britishgymnasticsfoundation.org/fundraising) to download more sponsorship forms.



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Total raised:

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### Remember to pay in the cash you've raised, here's how:



**ONLINE.** You can pay your money in using credit or debit card at [britishgymnasticsfoundation.org/fundraising](http://britishgymnasticsfoundation.org/fundraising). Remember to send this form to the address below as well so that we can still claim Gift Aid.



**CHEQUE.** Return your sponsorship form with a cheque or postal order made payable to "British Gymnastics Foundation" to: British Gymnastics Foundation, Unit 1, Lilleshall Hall Farm, Newport, Shropshire, TF10 9AS.

#### Details of person being sponsored

Title: ..... Full name: .....

Address: .....

Postcode: .....

Signed: .....

British Gymnastics Foundation would like to send you information about what we're up to from time to time. If you would prefer NOT to receive this information by post, please tick here

If you would like to receive this information by email, please write your email address here:

Read our privacy statement at [britishgymnasticsfoundation.org](http://britishgymnasticsfoundation.org) to see how we look after your information.